

Prod. No.
6095



NATURE'S BOUNTY

Menopause Formula EstroEssentials[®]

*A Natural Solution to Help Alleviate
Menopausal Symptoms:*

*Hot Flashes**
*Night Sweats**
*Mild Mood Changes**

HERBAL SUPPLEMENT

100 TABLETS

Coated for
ease of
swallowing

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 33

Amount Per Serving	%Daily Value	
Calcium (as Calcium Carbonate)	386 mg	39%
Sodium	10 mg	<1%
Soy Isoflavone Blend	2,100 mg (2.1 g) **	
(Standardized to contain 3% Isoflavones, 63 mg)		
Black Cohosh Extract (<i>Actaea racemosa</i>) (root)	160 mg	**
(Standardized to contain 2.5% Triterpene Glycosides, 4 mg)		
Dong Quai (<i>Angelica sinensis</i>) (root)	150 mg	**
Licorice (<i>Glycyrrhiza glabra</i>) (root)	150 mg	**
Vitex Extract (<i>Vitex agnus-castus</i>) (fruit)	100 mg	**

**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Hypromellose, Croscarmellose, Calcium Silicate, Vegetable Magnesium Stearate, Cellulose Coating.

Contain soy ingredients.

Directions: For adults, take three (3) tablets daily, preferably with meals. For best results, use this product for at least 4 weeks. As a reminder, discuss the supplements and medications you take with your health care providers.

Menopause Formula is recommended for peri-menopausal, menopausal and post-menopausal women. It's a holistic solution to a natural stage of life.*

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Vegetarian Formula

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Questions or Comments?
Call NutraPhone[®] 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

Visit us on the Web
www.NaturesBounty.com

Carefully Manufactured by
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